

The Lanier Career Academy
February 24, 2009

In February, students in Ms. Cathy Kimbro's, Family Services Class at the Lanier Career Academy, learned about how food affects life. The course content included the psychological, social, and physiological aspects of food and nutrition on the body. The study utilized an informational video about food and nutrition and required students to participate in discussions about healthy eating.

Since this unit of study coincided with the observance of 'Eating Disorder Awareness Week' February 23 to 27, the students decided to develop a bulletin board about the topic. With a little help from District 2 Public Health's – Adolescent Health and Youth Development Program the class made a bulletin board display for all the students to enjoy.





First row – seated L-R: Amy Rider, Jessica Allen, Mercedes Brackett, Mayra Hernandez, Kayla Fortner. Standing L-R: Juan Martinez, Ryan Davidson, Corey Downey, Daniel Farrar, Chris Sand, Jarrett Lytle.

District 2 Public Health would like to thank Ms. Cathy Kimbro, her class and the school for partnering with us to help spread the word about healthy eating. Good Job!

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