



District 2 Public Health

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FOR IMMEDIATE RELEASE

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FLU SHOTS NOW AVAILABLE AT STEPHENS COUNTY HEALTH DEPARTMENT

GAINESVILLE, GA -- Stephens County Health Department is now offering flu shots every Monday and Wednesday from 8:00 a.m. to 11:00 a.m. and 1:00 p.m. to 4:00 p.m. The cost for the flu shot is \$25. Medicare, Medicaid, PeachCare, and State Health Benefits Plan (United Health Care and Cigna) are accepted. Please bring your insurance card with you when coming in for your flu shot.

The Centers for Disease Control and Prevention (CDC) recommends that everyone 6 months and older should get the flu vaccine every year. While everyone should get the flu vaccine, it is especially important for certain people, who are at more risk from flu-related complications to get immunized.

People more at risk for complications from influenza include:

- Pregnant women
- Children younger than 5, but especially children younger than 2 years old
- People 50 years of age and older
- People of any age with certain chronic medical conditions
- People who live in nursing homes and other long-term care facilities
- People who live with or care for those at high risk for complications from flu, including:
 - ◆ Health care workers
 - ◆ Household contacts of persons at high risk for complications from the flu
 - ◆ Household contacts and out of home caregivers of children less than 6 months of age (these children are too young to be vaccinated)

Influenza activity usually lasts from October to May in the United States. This year CDC recommends that flu shots be given as soon as vaccine becomes available in your community.

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