



District 2 Public Health

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FOR IMMEDIATE RELEASE

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NATIONAL INFLUENZA VACCINATION WEEK SLATED FOR JANUARY 10-17

GAINESVILLE, GA – National Influenza Vaccination Week (NIVW) emphasizes the importance of getting vaccinated for influenza. Although H1N1 influenza activity is declining, there is still a possibility that another wave of this flu could sweep through our state and nation. If you have not received your H1N1 vaccination, now is a good time to get it.

Typically, flu season runs from October to May and peaks in January and February. But this year the flu season has not been typical. In April 2009 the H1N1 strain surfaced and continued to spread through the summer and fall. Because influenza is unpredictable, it is not too late to get your H1N1 vaccination.

Every year, certain days of NIVW are designated to highlight the importance for different groups like health care workers and children to get vaccinated. This year's national schedule includes:

Day	Focus
Sunday, January 10	Kickoff
Monday, January 11	General audience and health care workers
Tuesday, January 12	People with chronic health conditions that put them at high-risk of serious influenza–related complications
Wednesday, January 13	Children, pregnant women, and caregivers of infants less than 6 months old
Thursday, January 14	Young adults (19 through 24 years old)
Friday, January 15	Seniors
Saturday, January 16	Wrap up

Although certain groups are emphasized for specific days during the week, H1N1 vaccine will be available for anyone that requests it. Due to staffing, your local health department schedule may vary from the chart above. Please check with your local health department for their schedule or to make an appointment to get your vaccination.