

# Men's Health Facts

## Top Ten Causes of Death In Men:

- |                              |                            |
|------------------------------|----------------------------|
| 1. Heart Disease             | 6. Pneumonia and Influenza |
| 2. Cancer                    | 7. Diabetes                |
| 3. Stroke                    | 8. Suicide                 |
| 4. Chronic Pulmonary Disease | 9. Kidney Disease          |
| 5. Accidents                 | 10. Chronic Liver Disease  |

## Additional Facts and Statistics

- Eight of the top ten causes of death, disproportionately affect African-American men.
- Almost twice as many men as women die of heart attacks.
- 50 % more men than women die of cancer.
- Men are at a greater risk for death in every age group.
- A higher percentage of men (than women) have no healthcare coverage.
- Men make one-half as many physicians visits as women for preventive care.
- Only 58% of men who saw a physician in the past year had a complete physical examination. Only 57% received a blood cholesterol screening.
- 24% of men do not seek health care even if they are in pain or are sick.
- 17% of men will delay a doctor's visit for a week or more.
- American men have less healthy lifestyles, live sicker, and die younger than American women.
- More males are born than female (115 to 100), but by age 36 women outnumber men. At age 100, women outnumber men 8 to 1.
- Research on male specific diseases is under-funded.

### A Community Partnership

Northeast Georgia Medical Center

Good News Clinics

Hall County Health Department

*Early Detection Saves Lives!*

Most men ignore advice to eat healthy, be active, be tobacco-free, and have regular health checks. Men's health impacts all of us - not just men. Health issues often keep men from being the best husband, father, or employee that they could be or need to be. An innovative community partnership of health care providers – **The Hall County Men's Health Initiative** – seeks to change the way men respond to their health. Wellness is a lifelong journey.

**WELLNESS**



**A LIFE-LONG JOURNEY!**